

November 4, 2010

Doug,

33 years ago you introduced me to your gym and a lifestyle that has always been embedded in my spirit and soul. So for your 80<sup>th</sup> Birthday I present a copy my "Doug's Gym" card from 1977 and a picture of how you will remember me at 16 and a picture of the way I look today. Times have changed, but my love and appreciation for you never will. Thanks for teaching me discipline.

Love,

Cheryl Offutt Spradling

**Doug's**  
**GYM**

10 am to 10 pm

2010 1/2 COMMERCE ST. □ DALLAS, TX 75201

**742-3758**

BE OUR GUEST \_\_\_\_\_ DAYS

- |  |   |
|--|---|
| <input type="checkbox"/> BODY BUILDING | <input type="checkbox"/> WEIGHT GAINING |
| <input type="checkbox"/> REDUCING      | <input type="checkbox"/> POWER TRAINING |

